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“I Can Fly! Encouraging Children to Follow their Heart” art workshop for adults and children

Sarah Gish can create a great opportunity to connect with your child (or children) in a unique way: by learning what makes them sing and by creating a work of art together that you will take home. In a structured workshop format, families come together for quiet time to learn how to encourage children to follow their heart. The workshop will begin with separate discussions for adults and children: the adults will learn concrete ways for parents or caregivers to help children uncover their passions while the children will learn about how to make wishes come true. These sessions will be followed by an art activity specifically designed to reveal each person's creativity and joy. Children will be encouraged to speak up about what makes their hearts sing and adults will be encouraged to listen.

Cost of workshop, number of family members involved, and amount of time spent varies based on needs and budget.